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# Harassment and Discrimination faced by people with a psychosocial disability in health services: a European Survey



## **Examples of**

## **Best Practice**

from

Austria Germany Netherlands Spain United Kingdom

## Germany

### In Any Case\*

1. Starting date of the project and end date (if completed) 2003

#### 2. Target group

1) (Ex-)users and survivors of psychiatry and people threatened by unwanted psychiatric treatment; 2) supporters of (ex-)users and survivors of psychiatry

#### 3. Aims of the project

- a) Training from a user/survivor perspective, provided by people with experiences in self-help and alternatives to the psychiatric system for over two decades.
- b) Setting up of the Advice-Information-Selfhelp-Centre, development and accompany new offers of services and facilities for (ex-) users and survivors of psychiatry, combined with a board of appeal for complaints about discrimination and harassment based on psychiatric diagnoses
- c) User-controlled research

#### 4. Settings of the project

The settings vary, it can take place in the room of the organisation or in institutions.

5. Is the project carried out on a national, regional or local level?

In Any Case is based in the centre of the Bundesland and city of Berlin, but is being carried out at local, regional, national & international level.

#### 6. How was the project financed?

Supported by donations of welfare organisations, but not yet supported by the German government or regional administration.

- Has the project been evaluated (internally/externally)? Not yet.
- 8. Were (ex-)users and survivors of psychiatry involved in the project?

  Controlled by (ex-)users and survivors of psychiatry. One person without own experiences in the psychiatric system is involved (a former psychiatric male nurse)

#### 9. Contact details

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